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SECRETARY OF STATE

STATEHOUSE
STATE OF IOWA
DES MOINES 50319

ELAINE BAXTER SECRETARY OF STATE

515-281-5864

FOR IMMEDIATE RELEASE

December 1989

IOWA SECRETARY OF STATE ELAINE BAXTER ANNOUNCES THE "TELE-VOTER" PROGRAM WITH U.S. WEST COMPANIES

Iowa Secretary of State Elaine Baxter announced a national milestone in voter registration called the "Tele-Voter" program. This first-in-the-nation program, made possible through the cooperation of U.S. WEST Direct and U.S. WEST Communications, will include a voter registration form in virtually every U.S. WEST Direct telephone directory in Iowa.

The "Tele-Voter" program will compliment Iowa's progressive postcard voter registration system so that newcomers to the state will have ready access to a voter registration form in their U.S. WEST telephone directory. It will also be convenient for Iowans who move within the state and need to change their registration. "As I meet with potential new voters around the state, I will be able to tell them that in Iowa, registration is as easy as picking up your U.S. WEST Direct phone book," Baxter commented.

"The progress that we have achieved with the advent of the "Tele-Voter" program is an important step in making it easier for the people of Iowa to participate in our electoral process. Like Thomas Jefferson, I believe that 'in democracy, agreement is not essential, but participation is'. We have improved the possibility of greater participation in the electoral process starting today," Baxter concluded.

Secretary of State Elaine Baxter's comments were made at a Statehouse press conference with Earl Mix, Vice President of U.S. WEST Direct and executives of U.S. WEST Communications.

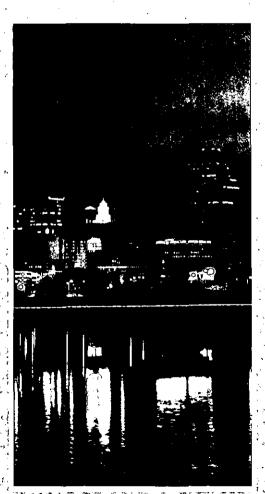
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FOR FURTHER INFORMATION CONTACT: Tim Waddell, Deputy for Elections and Public Affairs 515/281-5864

EASY CERENCE GUIDE

LOSWEST DIRECT, A

DES MOINES IOMA



Des Moines Skyline
Photo by James BlankiSTOCK IMAGERY

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NOTE: The EASY REFERENCE GUIDE is published by U.S. WEST Direct as a community service and is not intended to be an endorsement or advertisement for attractions, events, or information contained herein. All comments and inquiries concerning the EASY REFERENCE GUIDE should be directed to U.S. WEST Direct, Public Relations Department, 2500 South Havana Street, Aurora, Colorado 80014. Due to the changing nature of this information, U.S. WEST Direct does not accept responsibility ar Hability for any errors or omissions.

NOTE: Unless otherwise indicated, all phone numbers are in area code 515.

AREA MISTORY AND ATTRACTIONS

HISTORY

Des Moines is located in the heart of Iowa. A series of treaties ending the Black Hawk War in 1832 paved the way for the permanent settlement of Iowa. In 1834 John Dougherty, an Indian agent at Fort Leavenworth, recommended to the War Department that a chain of military outposts be established to protect the rights of the Sac Indians.

One of the suggested locations was at the fork of the Raccoon and Des Moines rivers. The Indians called the river *Moingonia*, meaning "river of the mounds" — which early French explorers translated into *La Rivière des Moines*.

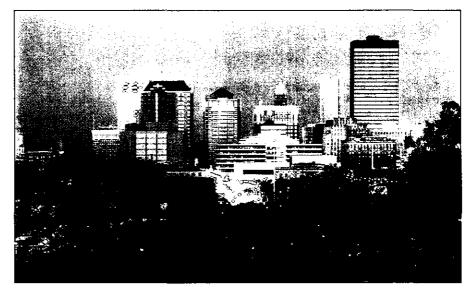
The Des Moines River was surveyed by John Fremont, acting for the War Department. A military garrison was established by Captain James Allen in May of 1843.



Fireworks during the Two Rivers Festival highlight the capital dome Photo by Bill Nellans

Allen wanted to name the site Fort Raccoon, but General Winfield Scott directed that the garrison be named for the other river. The garrison became Fort Des Moines. The community changed its name to Des Moines in 1857 when it became the capital of Iowa.

The Des Moines area has seven colleges and universities as well as professional, business, and trade schools. There are many public schools and several special and parochial schools. The area is served by eight hospitals.



Des Moines skyline at night Photo by Bill Nellans

Des Moines is now a city of over 190,000 people. Its rich cultural heritage has been carefully preserved and is reflected in museums and restored buildings.

U S WEST Direct, publisher of this directory, is pleased to be a part of this historic community in the heartland of America.

INDUSTRY AND SERVICES

Major industries in the community include finance, insurance, communications, government, manufacturing, trade, service, and agribusiness.

The Des Moines daily newspaper is the Des Moines Register. The area has 18 radio stations, five television stations, several weekly newspapers, and cable television.

Public transportation in the Des Moines area is provided by the Metropolitan Transit Authority (METRO). Six major airlines serve the Des Moines International Airport. The area is served by five rail lines and 65 motor freight carriers.

CULTURAL ATTRACTIONS

The cultural heritage of Des Moines is celebrated during the Two Rivers Festival in June. Highlights of the festival include a jazz festival, arts and crafts fair, strolling minstrels and magicians, and a fireworks display.

The performing arts in Des Moines include the Des Moines Ballet and the Des Moines Symphony. Both offer a variety of performances in the Greater Des Moines Civic Center. The Des Moines Metro Opera performs at the Blank Performing Arts Center in Indianola, and a variety of plays are staged by the Des Moines Community Playhouse.

Theatre, music, and art events are also offered at Drake University. Other area cultural attractions include dinner theatres, several museums, and art galleries.

The Des Moines Art Center has an extensive permanent collection of art and hosts the Iowa Artists Annual Exhibit. The Arts/Rec Council of Greater Des Moines sponsors a variety of outdoor summer concerts and an annual art exhibit featuring local, professional, and amateur visual artists.

For more information on the performing arts organizations in Des Moines, see pages EZ 12-13 of this Easy Reference Guide.

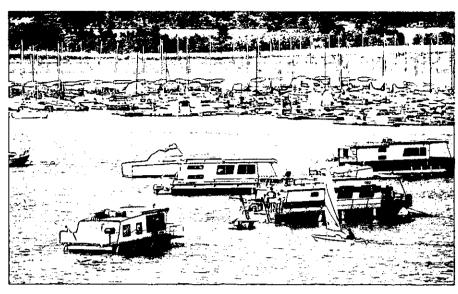
PARKS AND RECREATION

Greater Des Moines has acres of parks which offer a variety of recreational opportunities ranging from hiking and picnicking to swimming and playing tennis. The Waterworks Park and Arboretum has 300 varieties of flowering crabapple trees that usually bloom in May. Ewing Park features the Lilac Arboretum with 100 varieties of French lifacs.

The Des Moines Parks and Recreation Department can provide information on recreation centers, team sports, ice rinks, senior citizen activities, sports tournaments, art classes, the municipal observatory, and seasonal activities.

Parks and Recreation: 271-4700, Leisure Sports: 271-4711. For information on parks in Urbandale call 278-3963. Call 223-3281 for West Des Moines park information.

Sailing, boating, and fishing are enjoyed at Gray's Lake, Easter Lake, Big Creek Lake, and Saylorville Lake. Camping facilities are available at Saylorville Lake and in Jester Park, north of Saylorville Lake. There is a visitors center on the lake's eastern shore.



Saylorville Marina Photo by Bill Nellans

The Saylorville-Des Moines River Trail provides 22 miles of jogging and bike trails along the Des Moines River. Boat ramps for power boating on the Des Moines River are provided at several locations.

Sports enthusiasts may watch the Iowa Cubs play baseball in the Sec Taylor Stadium (243-6111). The Des Moines Buccaneers play ice hockey in the Des Moines Ice Arena (278-9757). Men's and women's basketball are played at Drake University and Grand View College.

Other spectator sports are featured at the Veterans Memorial Auditorium, which has been remodeled to provide space for conventions, exhibits, and concerts. The Des Moines Convention Center also provides meeting and exhibit space.

For information on high school sports, stadium seating charts, and other spectator sports information see pages EZ 16-20 of this Easy Reference Guide.

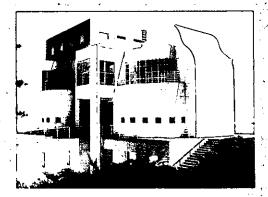


Waterworks Park and Arboretum Photo by Bill Nellans

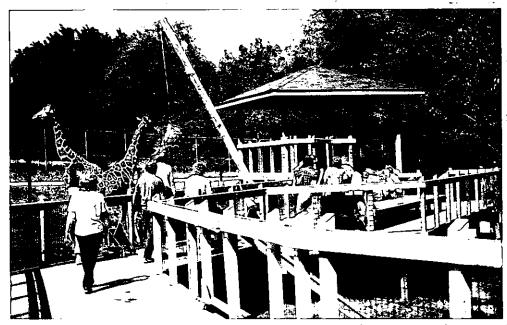
GREATER DES MOINES AREA ATTRACTIONS

EZ

ADVENTURELAND PARK is a theme amusement park that re-creates turn-of-the-century Iowa. Features include Main Street, River City, Last Frontier, and an Iowa farm. Also offered are a variety of rides, top-name entertainment, animal shows, stage shows, and shops. The park is open from May to September. Campgrounds are located adjacent to the park. I-80 at Hwy. 65. 266-2121



Des Moines Art Center Photo by Bill Nellans



Blank Park Zoo's wide variety of exotic animals includes giraffes from the wilds of Africa Photo courtesy of the Des Moines Park and Recreation Department

BLANK PARK ZOO OF DES MOINES

contains hundreds of animals from five continents displayed in exhibits that simulate their natural habitats. Features include the Australian and African walk-through displays, the indoor Zoo Exploratorium, and train and pony rides. The zoo is open from April through mid-September. 7401 S.W. 9th St. 285-4722

CIVIC CENTER OF GREATER DES

MOINES is home of the Des Moines Symphony and the Des Moines Ballet. It hosts other performances in its 2,700-seat facility during the year. The adjacent Nollen Plaza features a waterfall, a reflecting pool, and a 2,000-seat amphitheatre which is the scene of public entertainment. 221 Walnut St. 243-1120 DES MOINES ART CENTER houses a permanent collection of 19th- and 20th-century art works and features special exhibitions during the year. The museum building forms a quadrangle around a reflecting pool and has won international acclaim for its outstanding design. 4700 Grand Ave. 277-4405

DES MOINES BOTANICAL CENTER

contains over 15,000 tropical and subtropical plants under its geodesic dome. Seasonal floral displays, a bonsai collection, and special events are scheduled during the year. Outside the dome, the prairie ecosystem is preserved. The center is handicapped accessible. 900 East River Dr. 283-4148

GREATER IOWA AQUARIUM

CENTER contains 45 large aquariums with fresh-water fish from every continent and salt-water fish from the seven seas. The exhibits include over 250 species of tropical fish and aquatic animals. The aquarium is open daily except holidays and is handicapped accessible. 501 E. 30th at the Iowa State Fairgrounds. 263-0612

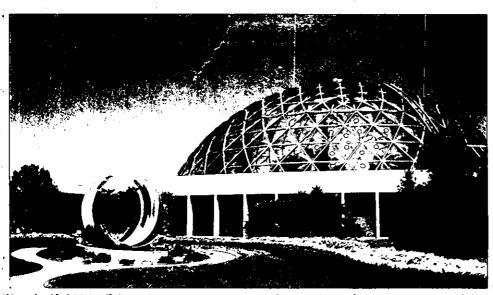
HOYT SHERMAN PLACE is one of the historic landmarks of Iowa and is in the National Register of Historic Places. Once the home of a prominent Des Moines businessman, the 1877 Victorian-style mansion now houses an art gallery and a theater. 15th and Woodland Ave. 243-0913

IOWA STATE FAIRGROUNDS is the site of the Iowa State Fair, the Heritage Village, the State Fair Museum, and the Aquarium Center. The fairgrounds host a variety of events during the year. For a schedule of events call 262-3111. Campgrounds are open from April to October. E. 30th and University.

LIVING HISTORY FARMS trace the history of farming in Iowa through four operating farms. The 1700s Ioway Indian Village introduces the culture of some of Iowa's early inhabitants. The 1840s Pioneer Farm depicts the life of the early pioneers. The 1870s Walnut Hill Victorian Mansion and re-created pioneer village reflect everyday, small-town life. The 1900s Farm demonstrates horse-powered farming. The Farm of Today and Tomorrow features a solar farmhouse. The farms are open May through October. Reservations are suggested. I-35 & 80 at Hickman Rd., exit 125. 278-5286



Nollen Plaza
Photo by Bill Nellans



The Des Molnes Botanical Center houses more than 1,000 species of tropical plants Photo courtesy of the Greater Des Moines Chamber of Commerce

POLK COUNTY HERITAGE GALLERY

is housed in the restored beaux-arts-style U.S. Post Office. The restored lobby contains changing art and cultural exhibits and post office memorabilia. First and Walnut St. 286-3215



Photo courtesy of Prairie Meadows

PRAIRIE MEADOWS is Iowa's only horse racing facility offering pari-mutuel betting on thoroughbred and harness horses. The track is open. Wednesday through Sunday from: mid-March through mid-November. I-80 at U.S. Hwy. 65, Altoona, Iowa, 967-1000

SALISBURY HOUSE is a replica of King's : House in Salisbury, England. The 42-room Tudor mansion contains art treasures and a library of letters and first editions. Tours are by appointment, 4025 Tonawanda Dr. 279-9711

SCIENCE CENTER OF IOWA has live demonstrations and hands-on exhibits relating to all fields of science. Régularly scheduled shows are offered daily in the Sargent Planetarium. The center is handicapped accessible. Greenwood Park, 4500 Grand Ave. 274-4138

STATE CAPITOL BUILDING features a 23-karat gold dome flanked by four smaller domes: Completed in 1896, the building houses the state legislature, the law library, the governor's offices, and the State Supreme Court. Attractions include paintings, statues, a collection of war flags, and a display of dolls dressed in the inaugural gowns of Iowa's First Ladies. E. 9th and Grand Ave. 281-5591



Salisbury House Photo by Bill Nellans

STATE HISTORICAL SOCIETY OF IOWA AND MUSEUM preserve treasures from Iowa's history. The impressive State Historical Building opened in 1987. Displayed are Indian artifacts, fossils, agricultural implements, paintings, and other historical items. It houses extensive historical material in its library and archives section. There is a gift shop featuring gifts made in Iowa by Iowans. A restaurant offers indoor and outdoor terrace dining. Call for hours. 600 E. Locust. 281-5111



Photo courtesy of the State Historical Society of Iowa

TERRACE HILL was built in 1869 and was donated to the people of Iowa by the Hubbell heirs in 1971. The Victorian mansion was designated as the Iowa Governor's Mansion in 1972. Tours depart from the Carriage House. Handicapped facilities are provided. 2300 Grand Ave. 281-3604

UNIVERSITY ART MUSEUM, University of Osteopathic Medicine and Health Sciences, contains a collection of porcelain sculptures; Oriental carved ivories, paintings and prints, and a rare collection of Chinese tiles. Tours are by appointment. 3440 Grand Ave. 271-1672

U S WEST Direct thanks the many organizations that provided information for this Easy Reference Guide. For more information consult The Yellow Pages, or contact the Greater Des Moines Convention and Visitors Bureau.

TIPS - Tourist Information Phone Service 238-2220

TRIPS - The Resident Information Phone Service: 286-4991

SUBURBS OF DES MOINES

ALTOONA was originally called "Altus" because, according to surveyors on the railroad, it was the highest point between Des Moines and Keokuk. The name evolved to Altoona. The area was originally farmland.

The establishment of a cannery here and its location on two railroad lines led to its incorporation in 1876. The first hybrid seed corn ever sold commercially was developed here and was grown on a three-acre plot within the present city limits. This plot was also the first in Iowa to grow alfalfa.

Altoona has grown to a current population of over 7,000 residents. The city has 130 acres of parkland — complete with a shelter house with fireplace, a swimming pool, and library. Haines Park features the Altoona Rose Garden which has 860 rose plants and over 4,000 annual flowers.

The Youth Athletic Complex, on the city's eastern edge, provides fields for youth sports programs. Altoona is the site of Prairie Meadows, the state's only horseracing facility, and boasts Iowa's only theme park — Adventureland.

ANKENY was founded by John Fletcher Ankeny and was incorporated in 1903 with a population of 200 residents.

A wartime ordnance plant was built in 1942. At its peak the plant employed about 19,000 people. The facility was converted to a manufacturing plant for Deere and Company, the city's largest employer. Ankeny is a northern suburb of the Des Moines metropolitan area and has a population of 18,000 residents. It is the home of the Des Moines Area Community College and Faith Bible College. Ankeny's 14 parks provide opportunities for a variety of recreational activities.

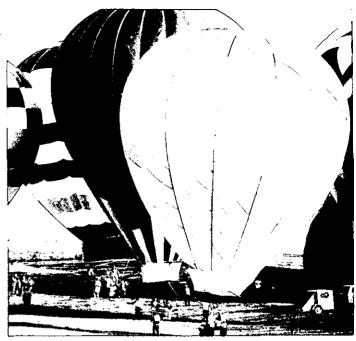


Photo courtesy of the Greater Des Moines Convention and Visitors Bureau

CLIVE is located at the western edge of Des Moines, between Urbandale and West Des Moines. No one remembers the origin of the town's name, but it was called "Clive" long before its incorporation in 1956. Clive is home to several industries, including Fawn Engineering, Pittsburgh-Des Moines Steel, and the Standard Oil storage plant. Its two parks provide attractive areas for outdoor recreation for its 7,000 residents.

INDIANOLA lies south of Des Moines. It is the site of the annual National Balloon Classic. This event has given Indianola the distinction of being known as the "Hot Air Balloon Capital of the United States." Indianola is home of Simpson College, a four-year liberal arts college. Buxton Park Arboretum is in Buxton Park on the northern edge of the college campus.

Indianola is the county seat of Warren County. The Warren County Historical Museum preserves the area's heritage and is the site of the Log Cabin Days Celebration held every September. Area attractions include 15 parks, the National Balloon Museum, and the Des Moines Metro Opera Festival held each summer at Simpson College.



Adventureland
Photo courtesy of the Altoona Chamber of Commerce

JOHNSTON, incorporated in 1969, is the newest of the Des Moines suburbs. The city is named after George Johnston, the first station master for the old Des Moines Central Railing and Urban Line which ran from Des Moines to Perry. Johnston is located on the northwest edge of Des Moines and is bordered on the north by the Saylorville Recreation Area.

Historically an agricultural area, Johnston has developed into a residential and commercial suburb. It is the home of Pioneer Hi-Bred International, Camp Dodge, and the Saylorville Recreation Area. The city is considered one of the fastest growing communities in the state and has an estimated current population of 4,200 residents.

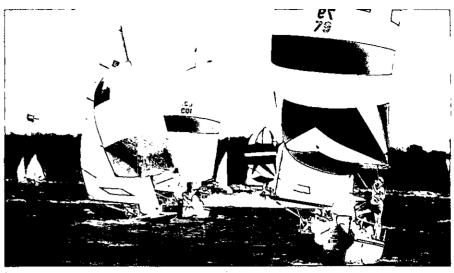
PLEASANT HILL contains reminders of its history as a coal mining town. In the 1800s the mining industry brought in families, built a school for their children, and buried the dead at no cost in the cemetery at the edge of town - then called Youngstown. Brickyards were also established, which provided brick for homes, some of which are still standing.

Now a suburb of Des Moines, Pleasant Hill has a population of 4,500 and is actively pursuing industrial and business development. Doanes and Sunrise parks provide residents with playgrounds, shelter houses, ballfields, tennis courts, and soccer fields.

URBANDALE was incorporated in 1917 and was an early suburb as well as a farming and coal mining community. The four coal mines and the Interurban Rail Line, which carried commuters to Des Moines, have long since disappeared from the scene.

Today Urbandale is the second-largest suburb of Des Moines, with approximately 22,000 residents. There is an extensive park and open space system with trails, a country club, and a municipal indoor swimming pool for residents to enjoy.

Although the majority of Urbandale's residents still commute outside the boundaries of the city, a number of businesses and industries have located in Urbandale.



Saylorville Lake is a popular boating site Photo by Bill Nellans

WEST DES MOINES was a railroad center during its early years as the town of Valley Junction. By 1893, 26 passenger trains were arriving and departing daily. Jordon House, built by the town's founder, is in the National Register of Historic Places. The home was a hiding place for escaped slaves during the Civil War.

The town's name was officially changed to West Des Moines in 1938. It is now the largest of the Des Moines suburbs with a population of about 30,000 residents.

West Des Moines is the corporate headquarters of several insurance companies. There are nine parks and one golf course for public recreation.

WINDSOR HEIGHTS is a residential area with a population of about 5,500. The city has two parks. The freeway provides easy access to downtown Des Moines and its many attractions.

Information was provided by the local chambers of commerce. For more information consult The Yellow Pages or call the local chamber.



Living History Farms is dedicated to preserving the skills and spirit of the early pioneers Photo courtesy of the City of Urbandale

EZ 8

AREA ANNUAL ELLIS

GREATER DES MOINES

1990

FEBRUARY

4	Skywalk Golf Tournament,
	Downtown Des Moines
16-18	Annual Antique & Collectors Sho
	and Sell - Hoyt Sherman Place

APRIL

23-28	Drake Relays	Festival,	Downtown
	Des Moines		

27-28 Drake Relays, Drake University Stadium

MAY

- 10-12 Pella Tulip Festival, Pella, Iowa (41 miles east of Des Moines)
- TBA Valley Junction Crafts Fair,
 Downtown West Des Moines

JUNE

- 2 "Art in the Park" (Outdoor art fair), Des Moines Art Center
- 8-9 Two Rivers Festival, Downtown Des Moines



Farmers Market
Photo by Bill Nellans

JUNE (Continued)

- TBA Valley Junction Spring Antique Jamboree, Downtown West Des Moines
- TBA West Des Moines Kiwanis Jazz Festival, Downtown West Des Moines
- TBA Valley Junction Midnight Madness
 Downtown West Des Moines

June 22-July 22

Des Moines Metro Opera Summer Series, Simpson College, Indianola

JULY

13-15 Des Moines Grand Prix

AUGUST

- 3-12 National Balloon Classic, Indianola
- TBA Antique Jamboree, Downtown
- West Des Moines
 15-26 Iowa State Fair, Iowa State
 Fairgrounds

SEPTEMBER

- 6-9 Pufferbilly Days, Boone (45 miles north of Des Moines)
- 6-9 Altoona BalloonaFest; Altoona,
- TBA Valley Arts Festival, Downtown West Des Moines

OCTOBER

12-13 Covered Bridge Festival, Winterset (37 miles west of Des Moines)

NOVEMBER -

21-25 Festival of Trees, Downtown

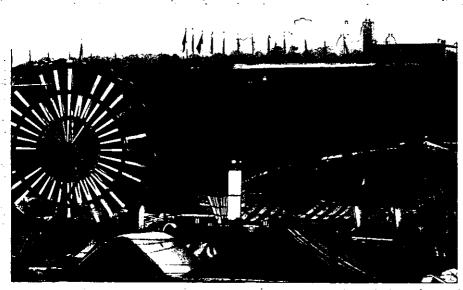
Des Moines

DECEMBER

TBA Special events throughout Greater
Des Moines promisé à memorable
holiday season

For a more complete schedule of events/ contact the local chamber of commerce.

NOTE: Dates are subject to change. Gall ahead for exact dates, strees, and locations.



lowa State Fair Photo by Bill Nellans

NEWCOMER INFORMATION

AUTOMOBILE REGISTRATION

Auto license plates must be obtained within 30 days of becoming an Iowa resident. If your vehicle was previously registered in another state, at the time of registration you must bring with you either your vehicles's title or previous registration. Title and plates may be obtained from:

Polk County Treasurer Motor Vehicle Division 111 Court Avenue Des Moines, IA 50309-2298 (515) 286-3030

DRIVER'S LICENSE

If you have a valid license from another state, you need only take a written and eye test. If you have never had a license you need to bring a legal document showing your full name and date of birth, then take the written, eye, and driving tests. Your driver's license is valid for four years.

Use this form to register to vote or to report a change

affilitation. Please check the appropriate box(es) at the

top right if you are not cartain you are presently registered in the county in which you live, check the new registration, box

of name, address, telephone number, or party

An Iowa driver's license may be obtained at: Driver's License Examining stations

5268 N.W. Second Avenue.

7676 Hickman Rd. (Sherwood Forest Shopping Center)

1111 Army Post Rd. (Southridge Mall) Younkers department store downtown location (renewals only)

For information concerning the requirements for each type of license and to obtain a study booklet. call (515) 281-3586.

UTILITIES

Telephone: Telephone service is provided by USWEST Communications. For information on service and rates contact:

U S WEST Communications 925 High St. Des Moines, Iowa 50309 (515) 286-5750 1-800-772-7751

Electric: For information on service and rates contact:

Iowa Power 823 Walnut

P.O. Box 657

Des Moines, Iowa 50303

(515) 281-2900

Gas: For information regarding services and rates:

Midwest Gas Co. 500 E. Court Avenue Des Moines, IA 50309

(515) 242-3055 TOD

(515) 242-3800 Info

Water: The Des Moines Water Works, a municipally owned utility, serves the area. Water is supplied by the Des Moines and Raccoon Rivers. For information on rates and hook-up

Des Moines Water Works 2201 Valley Dr. Des Moines, IA 50321 (515) 283-8700

West Des Moines Water Works Office: 227 5th St. 223-3271 Plant: 1505 Railroad Ave. 223-3275

VOTER REGISTRATION FORM

- The following information is required:

 - b. Your birth date.
 - .c., Your complete address, including apartment and
 - box numbers.
- e. Where you were last registered to vote.

Turn to EZ 10 for mailing address

- The following information is requested:

 a. Your social security number. Solicited pursuant to lowa Code Section 48.5, this number is used to avoid multiple registrations for a single individual.
- The name of the city and school district in which you live. If you do not live inside a city, list the name of the township and section number in which you live. If you do not know your township and section number, complete the "RURAL ROUTES" section on the reverse side of the form,
- Your telephone number, including area code

ALTERNATE REGISTRATION FORM Please see instructions above.		DI CACE DOINT		CHECK ALL THAT APPLY: This is a new registration in this county, This is a change of Name Address Telephone	
		Month Day Year	Male 🖸	()	Democratic □ Republican □
80C. Se	c. No. (If available)	Birth Date	Gender	Telephone	Party
NAME: .	Lest	First and Middle		COMPLETI	E ALL YOU KNOW
ADDRESS: .	House number & street (c	or rural route) plus apartme	nt & box numbe		
	,		, , , , , , , , , , , , , , , , , , ,		<u> </u>
•	City, State, and Zip Code			- OFWARE ALL IN IN A	
PREVIOUS R	EGISTRATION INFORMA	TION: I was previously regi	stered to vote in		
				TOWNSHIP (If outside cl	ty):
(City, State, Zip Code; County if known.) My name then was			SECTION NUMBER (If o	utside city):	
I certify that I am a citizen of the United States, that I am or will be an eligible elector at any election at which I attempt to vote and that all of the Information I have given upon this voter registration form is true. I authorize cancellation of any prior registra-			FOR OFFICE USE ONLY		
tion to vote in this or any other jurisdiction and my eligibility to vote in any jurisdiction where voter registration is not required. I am aware that fraudulently registering, or attempting to do so, is an aggravated misdemeanor under lows law.			Registration date:		
				Codes:	
Signature			Date	= 1	v. 88) CFN-337-5005 CPF-66929

SENIOR GITIZEN RESOURCES

The following information was provided by the Crossroads of Iowa Area Agency on Aging, Inc. If any questions or concerns arise, please contact them at (515) 244-4046.

CHORE/MINOR HOME REPAIR

For seniors wishing to make minor repairs and modifications:

New Horizons . . . (515) 242-7877 Settlement Services . (515) 253-9220 Polk County (515) 286-2088

For additional chore program information contact the Information & Referral service listed for your county.

EMPLOYMENT

For job training and placement:

The Senior Community Service
Employment Program
(SCSEP) (515) 244-4046
The Retired Iowans Community
Employment Program
(RICEP) (515) 281-8526

HOMEMAKER SERVICES

This list is confined to non-profit agencies.

Dallas County Home Care

Services, Inc. . . (515) 993-4122

Polk County

HomeCare Plus . . (515) 828-2241

Warren County

Warren County Homemaker-Health Aide Service, Inc. (515) 961-1064

INFORMATION AND REFERRAL

Dallas County

Home Care Services : (515) 993-3158

Polk County

First Call For Help . (515) 244-8646

Warren County

Warren County Administrative
Offices (515) 961-1001

Area Wide

First Call For Help 1-800-532-1194 CrossRoads of Iowa Area Agency on Aging, Inc. (515) 244-4046

LEGAL SERVICES

Law students from Drake travel to each of the eight counties on a regular schedule to meet with individual seniors and discuss their legal concerns. Follow-up is supervised by a practicing attorney. For more information, call (515) 271-3851

NUTRITION/CONGREGATE MEALS

For information about nutrition and home delivered meals call the following counties:

Dallas County (515) 993-3158

Polk County (515) 286-3677

Warren County (515) 961-1001

SENIOR CENTERS

Many of the Congregate Meal Sites listed offer additional activities which qualify them as "Senior Centers." Activities range from educational and informational presentations to special events such as dances, spelling bees, games and fairs.

Transportation

Transportation for the elderly:

Dallas County (515) 993-4122 Polk County (515) 286-3677 Warren County (515) 961-6271



Businesses displaying this logo offer a discount to senior citizens.

VOTER REGISTRATION FORM

RURAL VOTERS	
PLEASE COMPLETE THIS SECTION ONLY IF YOU LIVE OUTSIDE THE CITY LIMITS OF ANY CITY, AND YOU DO NOT KNOW THE TOWNSHIP AND SECTION NUMBER IN WHICH YOU LIVE.	
Please do not attempt to provide directions to get to the location, but instead describe where it is.	Enclose in envelope and mail to: County Auditor — Commissioner of Elections
I live miles	Courthouse
and miles of of number	City (County Seat)
landmark or highway junction	IOWAZip Code

TEL-TIPS

about BBB Tel- Tips"

BBB Tel-Tips is a consumer information and education service provided through the Better Business Bureau.

The BBB, and the thousands of companies that support BBBs throughout the country, believe that informed consumers are better consumers.

The Better Business Bureau offers BBB Tel-Tips as a means of making useful information available at no cost via a telephone call.

MOW TO USE BBB TEL-TIPS™

BBB Tel-Tips is designed to give quick, useful information about specific goods and services.

Select the subject you wish information about from those listed on this page.

Then, dial the BBB Tel-Tips number and give the operator the name and number of the message selected. Stay on the line and the message will be played.

To hear another tape, hang up and call back.

There is no charge for this information.

The BBB also has booklets and tip sheets on many of these same topics. In some cases, a small charge may be made for certain items. For full details, call the Better Business Bureau.

Hours of Operation: ^ M-F, 8:30 a.m. - 4:00 p.m. Des Moines (515) 243-2223

100	As Is - Used Car
002	Automatic Trans
003	Car Battery
005	Car buying, new
006	Car Owners Manual
007	Gas Saving Gadgets
800	Octane Ratings
009	Odometer Tampering
011	Tire Care
017	Auto Rustproofing
018	Auto Safety Hotline
019	Car Repair
020	Auto Transport Service
021	Buying Tires
022	Auto Repainting
023	Auto Rental
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B-2	Checking Accounts
B-3	Early Repayment of Loans
B-4	Closing Costs When Buying
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B-5	Establishing Credit
B-6	Installment Loans
B-7	"NOW" Accounts
B-8	The Significance of the
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B-9	The Financial Privacy Act
B-10	Savings Accounts and Alternative
B-11	Stopping Payment on Checks
B-12	The Function of a Bank's
	Trust Department
B-13	Credit Rights of Women
B-14	Debit Cards
B-15	How to Use Credit Wisely

AUTOMOTIVE

B-8	The Significance of the
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B-9	The Financial Privacy Act
B-10	Savings Accounts and Alternative
B-11	Stopping Payment on Checks
B-12	The Function of a Bank's
	Trust Department
B-13	Credit Rights of Women
B-14	Debit Cards
B-15	How to Use Credit Wisely
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104	Franchise Contracts
105	Selecting a Franchise
106	Land Buying for Retirement
107	Land Development Frauds
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617	Carpet Cleaning
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523	Advertising Mail
624	Interstate Moving
625	Storage, Household Goods
626	Income Tax Preparation
627	Television Service
V4/	Career Counselling Service

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901	Bait & Switch Tactics
902	Advertising Complaints
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908	Metric System
909	Eight Federal Regulations
910	Vacation Certificates
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912	Referral Selling
913	Security Deposits
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915	BBB Arbitration
916	Selecting Jewelry
917	Chain Letters

BBB Guide to Wise Buying

### PERFORMING ARTS

#### CIVIC CENTER OF GREATER DES MOINES

The Civic Center was designed by the Des Moines architectural firm of Charles Herbert & Associates: The main hall has 2,735 seats. The fan shaped seating area provides excellent sight lines; because the distance from the stages to the last seat is only 145 feet. The Givic Center also has a smaller 150 seat black box theater. This theater is the permanent home for Drama Workshop, a local community theatre group.

The Civic Center is the performing stage of the Des Moines Symphony. Des Moines Ballet, and the Civic Music Association. The Civic Center also hosts major Broadway touring companies, performers, and groups It has received national acclaim as an excellent place in which to perform.

Tickel Information Civic Center of Greater Des Moines (515):243-1120



Photo by Nils Ceda



Photo courtesy of Des Moines Ballet Association, Inc.

#### DES MOINES BALLET

The 1989-90 series of the Des Moines Ballet will include two full-length story ballets, Coppelia and The Nutcracker. The spring program will feature Konservatoriet, Pas de Dix; and The Tango Issue performing in repertoire.

The season opened in October with Coppelia the tale of a toymaker who creates a doll had comes to life.

#### Holiday Program

The Nuicracker	4	٠,	- 4		•	,
Saturday, December 16			. :		3:00	p.m.
Saturday, December 16					7:30	p.m.
Sunday, December 17	4	:	<i>,</i> `.	٠.	3:00	p.m.

Artistic Director Kennet Oberly presents a new interpretation of this holiday classic. A puppet theatre and innovative choreography add new spice to appearances by traditional characters. The Nutcracker is the tale of a child whose holiday gifts come to life.

#### Spring Program

Konservatoriet
The Tango Issue
Pas de Dix from Raymonda
Saturday, March 17
Sunday, March 18
3:00 p.m.

Konservatoriet is a Bournonville ballet set in 1840s France. It is the story of a dance studio owner who advertises for a wife in the newspaper. The farcical action continues with the dance students playing tricks on the oldman. Accompaniment by the Bijou Players lends an atmosphere of old silent screen music.

Pas de Dix from Alexander Glazanov's Raymonda depicts the wedding festival from this Hungarian classic. The piece is choreographed by George Balanchine.

The Tango Issue combines a musical score for plano, accordian, and violin with dance variations on the Argentinian tango to symbolize power struggles between people and nations. The musical score was commissioned from Des Moines composer, musician Ed Hupton.

Ticket Information:
Des Moines Ballet Association, Inc
(515) 282-3480

#### DES MOINES METRO OPERA

The Des Moines Metro Opera was founded in 1973 by Dr. Robert L. Larsen. It is now one of the largest summer opera festivals in the country today. Three full-length grand operas are produced each season. The productions are sung in English and are selected from a wide repertoire.

The 1990 summer season will offer the three selected operas in 18 performances. The season begins June 22 and runs through July 15. Season tickets are currently available. Single tickets go on sale after May 1. The Des Moines Metro Opera performs in the Blank Performing Arts Center in Indianola, Iowa.

OPERA Iowa, an educational touring ensemble, was formed in 1987 to promote opera appreciation. The touring group stages one-act operas and provides classroom workshops that appeal to people of all ages. For this contribution to the community, OPERA Iowa was awarded the governor's certificate of Distinguished Service to the State of Iowa in 1989.

Ticket Information:
Des Moines Metro Opera Box Office
(515) 961-6221



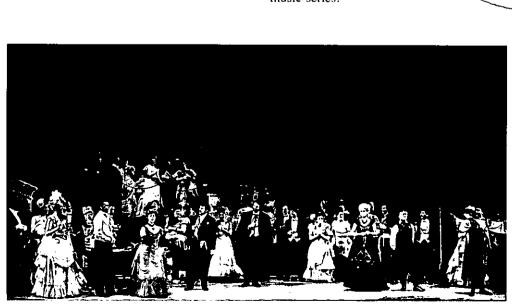
Photo by Bill Scherer

#### **DES MOINES SYMPHONY**

The Des Moines Symphony Orchestra began in 1937 as a university symphony at Drake University. Through the cooperation and support of the Des Moines community the symphony has become its own entity.

Major funding comes from ticket sales, individual and corporate contributions, and fund-raising projects such as "Dinners-a-la-Symphony" and the "Decorator's Showhouse." The Des Moines Symphony Guild has sponsored an annual Youth Artist Audition since 1942. Winners in the high school and college divisions receive scholarships.

The Des Moines Symphony Orchestra, under the direction of Maestro Joseph Giunta, presents a season of weekend classical and Pops music as well as concerts for area youth, an annual Christmas concert, and a chamber music series.



Scene from Die Fledermaus Photo courtesy of Des Moines Metro Opera

#### 1990 CALENDAR

#### **Pops**

FEBRUARY 10, 8:30 p.m.

Maestro Giunta and the Des Moines

Symphony present an evening of music from the silver screen.

#### **Classics**

#### JANUARY/27/& 28

Richard and John Contiguglia, duo piants
Kodaly - Galanta Dances
Bartok - Concerto for Two Pianos
Percussion and Orchestra
Kaderavek - World Premiere

Commissioned Work

Strauss - "Salome" s Dance" from the

#### MARCH 10 & 11

Jamie Laredo, viólin

Barber Overture to The School for

Scandal

Barber - Concerto for Violin and

Orchestra, Opus 14

Dvorak - Symphony No. 7, D Minor,
Opus 70

#### APRIL-7 & 8

Jose Feghali, piano

Ravel - Le Tombeau de Couperin Saint Saens - Concerto No. 2 for Piano and Orchestra, G Minor, Opus 22 Mussorgsky/Ravel - Pictures at an Exhibition

(Sponsored through a grant from the Maytag Company Foundation)

#### MAY 12 & 13

Des Moines Choral Society and Soloists
Mozart - Serenade No. 6, K. 239,
D Major ("Serenata Notturna")
Mozart - Symphony No. 34, K. 338,
C Major
Mozart - Mass, K. 317, C Major
("Coronation")

Ticket Information: Des Moines Symphony (515) 244-0222 EZ 14 HIGHER EDUCATION © U S WEST Direct 1989

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#### AMERICAN INSTITUTE OF BUSINESS

American Institute of Business was founded in Des Moines in 1921. AIB is an institution of higher education that provides students with educational opportunities enabling them to seek careers in business, industry, and government.

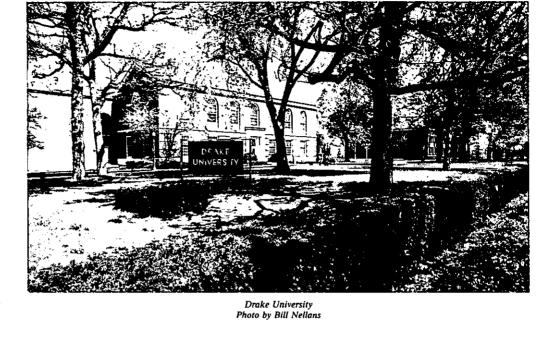
Currently, day and night school enrollment is more than 1,000 students. Major courses include Accounting, Business Administration, Computer Programming, Court Reporting, Executive Secretarial, Financial Management, and Sales and Marketing.

The college, which is located on 20 park-like acres, has 16 buildings. (Housing is available, for 700 students.

AIB is a co-educational two-year business college accredited by the Commission on Institutions of Higher Education of the North Central Association of Colleges and Schools.

The Employment Office offers graduates a lifetime program of career assistance During the past ten years placement rates have held steadily at 97-100 percent.

For further information, please contact the Admissions Office at (515) 244-4221.





### DAAKÉ UNIVERSITY

Drake University, a private, computerintensive university, has a century-old tradition in teaching excellence. As a medium-sized university. Drake takes great pride in offering the personal attention of a small college and the educational opportunities of a large university. Though its focus is on the arts and sciences. Drake offers impressive careeroriented programs within the College of Arts and Sciences, College of Business and Public Administration, College of Pharmacy and Health Sciences, School of Journalism and Mass Communication, Law School and the Graduate School of Education. Drake also offers an Honors Program for highly qualified students, an excellent intercollegiate athletics program and more than 100 student social and professional organizations.

For more information, please contact the Admissions Office, Cole Hall, Drake University, Des Moines, Iowa 50311, or call toll-free (800) 44-DRAKE, (800) 443-7253.

#### **DES MOINES AREA COMMUNITY COLLEGE**

Des Moines Area Community College provides programs designed to meet the challenges of tomorrow. DMACC has a range of two-year programs leading to careers in the technologies, the trades, health, business, computer science, and more.

More than 90 percent of its graduates go to work after two years or less of a DMACC education. There are also courses and programs that transfer to four-year colleges. Its history proves that students who transfer to four-year colleges are very well prepared for their junior year.

DMACC offers job placement services, counseling services, financial aid, tutors, and more. Students can attend full-time, part-time, days, evenings, or weekends at one of four campuses at Ankeny, Boone, Carroll, or Urbandale in Des Moines.

To find out more about DMACC, call: (515) 964-6241.







HIGHER EDUCATION EZ 15



Grand View College is an independent, coeducational institution established in Des Moines in 1986.

Grand View offers 22 baccalaureate degrees. More than 1,400 students are enrolled in both day and evening classes. The faculty numbers 102, and the administrative and support staffs total 78. Grand View is accredited at the baccalaureate level by the North Central Association of Colleges and Schools. The nursing program is accredited by the National League for Nursing.

In athletics, the College is a member of the National Association of Intercollegiate Athletics.

Adult Learner Program and Evening College are an integral part of Grand View College.

For more information, call (515) 263-2800.

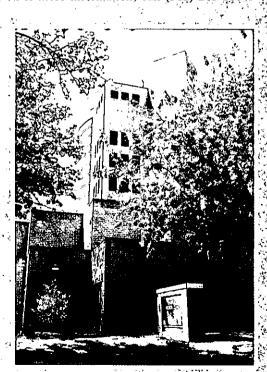


Photo courtesy of the University of Osteopathic Medicine and Health Sciences

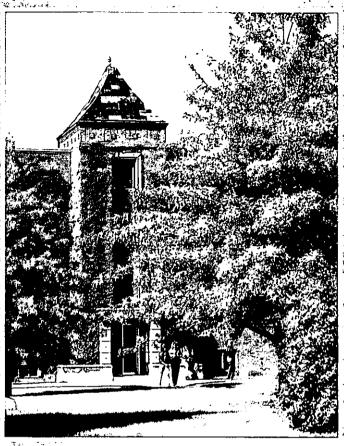


Photo courtesy of Grand View College

# UNIVERSITY OF OSTEOPATHIC MEDICINE AND HEALTH SCIENCES

Since its founding in 1898, the University of Osteopathic Medicine and Health Sciences has grown steadily in curricula and health care services.

Today, the University's College of Osateopathic Medicine and Surgery is the second oldest and second largest osteopathic medical college in the United States. The University has trained more than 6,500 Doctors of Osteopathy (D.O.s), many of whom have remained in Iowa. By enrollment, the College ranks among the top 25 of all medical schools in the nation.

Within the University are the College of Podiatric Medicine and Surgery and the College of Biological Sciences. The Podiatric college is one of only seven schools in the United States that train doctors who

specialize in the foot and ankle. The College of Biological Sciences includes degree programs for physician assistants, physical therapists, health care administrators and medical record administrators. Total enrollment in the University is 1,187.

In addition to education programs, the University provides general and specialized? health care through its on-campus Tower. Medical Clinic and seven family practice clinics in Des Moines and surrounding communities. The University also operates three podiatric clinics in Iowa. Through its community medicine and "We DO Care" programs, the University provides free health care to thousands of Iowans annually.

For more information about the University's education programs or health care services, call (515) 271-1400.



## HIGH SCHOOL BASKETBALL SCHEDULES

#### **ABRAHAM LINCOLN**

NOVE	EMBER		
27	Basketball Jamboree		
	at Vets Auditorium		
DECE	MBER		
1	East Waterloo	Home	
8	North	Away	
15	Valley	Away	
16	Ankeny	Home	
21	East	Home	
JANU	JARY		
2	Roosevelt	Away	
2 5	Hoover	Home	
12	Ames	Home	
13	Ottumwa	Away	
16	Dowling	Away	
19	North	Home	
26	Valley	Home	
FEBR	UARY		
2	East	Away	
6	Roosevelt	Home	
16	Ames	Away	
20	Urbandale	Home	
23	Dowling	Home	

For more information call 242-7500.

#### **ANKENY**

DEC	EMBER	
1	DM Hoover	Away
8	Urbandale	Away
15	SE Polk	Home
16	DM Lincoln	Away
22	Indianola	Home
JAN	UARY	
5	Boone	Away
6	Ames	Away
12	Newton	Home
13	South Tama	Home
20	Marshalltown	Home
26	Urbandale	Home
27	SE Polk	Away
FEB:	RUARY	
2	Indianola	Away
3	Boone	Home
9	Newton	Away
13	DM Roosevelt	Home
16	South Tama	Away
20	DM East	Home

For more information call 964-5241.

#### **EAST**

NOVEMBER					
27	Boys Jamboree	Away			
DEC	DECEMBER				
2	Carroll Kuemper	Home			
8	Dowling	Away			
15	North	Home			
21	Lincoln	Away			
	JARY	-			
2 5	Valley	Home			
5	Ames	Away			
12	Roosevelt	Away			
13	Ft. Dodge	Home			
16	Hoover	Home			
19	Dowling	Home			
26	North	Away			
27	Ft. Dodge	Away			
	RUARY				
2	Lincoln	Home			
6	Valley	Away			
9	Ames	Home			
10	Indianola	Home			
16	Roosevelt	Home			
20	Ankeny	Away			
23	Hoover	Away			

For more information call 242-1788.

#### **AMES**

NO	VEMBER					
27	Metro Jamboree	Away				
	DECEMBER					
1	Marshalltown	Away				
8	Roosevelt	Away				
9	Fort Dodge	Home				
15	Hoover	Home				
21	North	Away				
	NUARY					
2	Dowling	Away				
5	East	Home				
6	Ankeny	Home				
9	Boone	Home				
12	Lincoln	Away				
16	Valley	Home				
19	Roosevelt	Home				
26	Hoover	Away				
FEBRUARY						
2	North	Home				
6	Dowling	Home				
9	East	Away				
16	Lincoln	Home				
17	Mason City	Away				
23	Valley	Away				

For more information call 232-8440.

**DOWLING**NOVEMBER

27	Jamboree	
DEC	EMBER	
1	Newton	Away
2	Var Tourney	Home
8	East	Home
15	Roosevelt	Home
21	Valley	Away
JAN	UARY	•
2	Ames	Home
5	North	Away
12	Hoover	Away
16	Lincoln	Home
19	East	Away
26	Roosevelt	Away
<b>FEB</b>	RUARY	•
2	Valley	Home
6	- Ames	Away
9	North	Home
16	Hoover	Home
17	Ottumwa	Home

For more information call 225-3000.

#### **HOOVER**

110	9 2 AH 1 L	
	EMBER	
27	Jamboree	Away
DECE	EMBER	
1	Ankeny	Home
8	Valley	Home
15	Ames	Away
21	Roosevelt	Home
JANU	JARY	*
2	North	Home
5	Lincoln	Away
12	Dowling	Home
13	Indianola	Away
16	East	Away
19	Valley	Away
23	Dowling	Away
26	Ames	Home
<b>\FEBR</b>	UARY	
\2	Roosevelt	Away
3 6	Marshalltown	Away
6	North	Away
9	Lincoln	Home
13	Urbandale	Away
16	Dowling	Away
23	East	Home

For more information call 276-6934

All schedules are tentative and subject to change. Schedules listed above are for the 1989-90 season.